


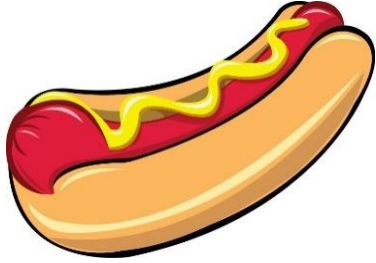











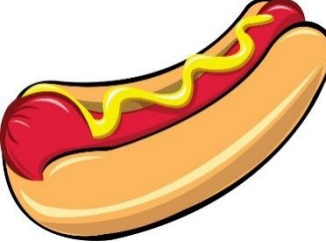






July Blue Ridge Assisted Living Activities

Breakfast 8:00 Lunch 12:30 Dinner 5:30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE SEE ACTIVITY BOARD DAILY AS ACTIVITIES OR TIMES ARE SUBJECT TO CHANGE</p> 	<p>HAPPY BIRTHDAY 07/01-Joyce Masessa 07/13-Carl Beavers 07/18-Clyde Chastain 07/28-Ollie Ritchie</p> 	<p>HAPPY 4TH OF JULY!!</p> 		<p>1 10:00-Exercise (200) 11:00-Lunch Outing to Monte Alban 2:30-Community Cook Book (200) 3:30-Clay Sculpting Class (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>2 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 11:00-What America Means to Me (200) 12:00 to 3:00-4th of July Bash 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p> 	<p>3 2:00-Checkers (Main Living Room) 6:30-Evening Walk (Meet with a Friend)</p>
<p>4 <u>Happy 4th of July</u> </p> <p>2:00-Church Service (Streamed) (Bistro)</p> 	<p>5 Hair Dresser (Morgan) ✂ 10:00-Exercise (Group Walk) (200) 11:00-Balloon Toss with Jim (200) 2:00-Bingo (Dining Room) 3:00-Music w/ Jay Crider (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>6 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 10:30-Pet Therapy with Mira 11:00-Craft Corner (200) 2:00-Funnel Ball (200) 3:30-Spotlight Movie (100) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>7 10:00-Exercise (200) 11:00-Pet Therapy with Charlie 2:00-Bingo (Dining Room) 3:00-Bible Study (200) 3:30-Happy Hour (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>8 10:00-Exercise (200) 11:00-Board Games (100) 2:00-Trip to Walmart 3:30-Clay Sculpting Class (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>9 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 11:00-Victory & Valor Presentation (200) 2:00-Movie Matinee w/ Popcorn (100) 3:00-Resident Social (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>10 2:00-Checkers (Main Living Room) 6:30-Evening Walk (Meet with a Friend)</p>
<p>11</p> <p>2:00-Church Service (Church of Christ) (Main Living Room)</p> 	<p>12 Hair Dresser (Morgan) ✂ 10:00-Exercise (Group Walk) (200) 11:00-Balloon Toss with Jim (200) 2:00-Bingo (Dining Room) 3:00-Music w/ Wesley Crider (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>13 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 10:30-Pet Therapy with Mira 11:00-Craft Corner (200) 2:00-Connect 4 (200) 3:30-Spotlight Movie (100) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>14 10:00-Exercise (200) 11:00-Pet Therapy with Charlie 2:00-Bingo (Dining Room) 3:00-Bible Study (200) 3:30-Happy Hour (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>15 10:00-Exercise (200) 11:00-Lunch Outing to Pink Pig 2:30-Community Cook Book (200) 3:30-Clay Sculpting Class (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>16 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 11:00-Veteran Thank You Cards (200) 2:00-Movie Matinee w/ Popcorn (100) 3:00-Resident Social (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>17 2:00-Checkers (Main Living Room) 6:30-Evening Walk (Meet with a Friend)</p>
<p>18</p> <p>2:00-Church Service (Blue Ridge First Baptist) (Main Living Room)</p> 	<p>19 Hair Dresser (Morgan) ✂ 10:00-Exercise (Group Walk) (200) 11:00-Balloon Toss with Jim (200) 2:00-Bingo (Dining Room) 3:00-Music with Ryan Stinson (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>20 Hair Dresser & Dr. Tidman ✂ 10:00-Exercise (200) 10:30-Pet Therapy with Mira 11:00-Craft Corner (200) 2:00-Seated Volleyball (200) 3:30-Spotlight Movie (100) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>21 10:00-Exercise (200) 11:00-Pet Therapy with Charlie 2:00-Bingo (Dining Room) 3:00-Bible Study (200) 3:30-Happy Hour (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>22 10:00-Exercise (200) 11:00-Board Games (100) 2:00-Trip to Walmart 3:30-Clay Sculpting Class (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>23 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 11:00-1,776 Step Walking Challenge (Meet in 200) 2:00-Movie Matinee w/ Popcorn (100) 3:00-Resident Social (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>24 2:00-Checkers (Main Living Room) 6:30-Evening Walk (Meet with a Friend)</p>
<p>25</p> <p>2:00-Church Service (Streamed) (Bistro)</p> 	<p>26 Hair Dresser (Morgan) ✂ 10:00-Exercise (Group Walk) (200) 11:00-Resident Council/Food Meeting w/Roger (Dining Room) 2:00-Bingo (Dining Room) 3:00-Music w/ Steven Chappelle (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>27 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 10:30-Pet Therapy with Mira 11:00-Craft Corner (200) 2:00-Toss Like a Boss (200) 3:30-Spotlight Movie (100) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>28 10:00-Exercise (200) 11:00-Pet Therapy with Charlie 2:00-Bingo (Dining Room) 3:00-Bible Study (200) 3:30-Happy Hour (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>29 10:00-Exercise (200) 11:00-Lunch Outing to Taccoa Riverside Restaurant 2:30-Community Cook Book (200) 3:30-Clay Sculpting Class (200) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>30 Hair Dresser (Jennie) ✂ 10:00-Exercise (200) 11:00-Activity Meeting (200) 2:00-Movie Matinee w/ Popcorn (100) 3:00-Resident Birthday Party (Bistro) 7:00-Evening Walk (Meet with a Friend) SOCIAL DISTANCING (6FT APART)</p>	<p>31 2:00-Checkers (Main Living Room) 6:30-Evening Walk (Meet with a Friend)</p>

July Blue Ridge Memory Care Activities

Breakfast: 8am Lunch: 12:30pm Dinner: 5:30pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*ACTIVITY TIMES ARE APPROXIMATE AND MAY CHANGE TO ACCOMMODATE OUR RESIDENTS*</p> 	<p>HAPPY BIRTHDAY 07/09-Bill Queen 07/13-Jean Williams</p> 	<p>HAPPY 4TH OF JULY!!</p> 		<p>1 10:00-Exercise 10:30-Morning Mingle 11:00-Chicken Soup for the Soul 2:00-Life Skill Stations 3:00-Fact or Foolery 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>2 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-I-Spy Outside 12:00-3:00-4th of July Bash 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p> 	<p>3 6:00-Movie Night SOCIAL DISTANCING (6FT APART)</p>
<p>4 <u>Happy 4th of July</u>  2:00- Church service (Streamed to Channel 3) SOCIAL DISTANCING (6FT APART)</p> 	<p>5 <u>Hair Dresser (Morgan)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-Gazebo Gathering (All About Me) 2:00-Music with Jay Crider 3:00-Artful Imaginations 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>6 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Mira 11:00-Helping Hands 2:00-Sweet Treats in the Courtyard 3:00-Scenic Bus Ride 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>7 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Charlie 11:00-Café Crew 2:00-BINGO 3:30-Minds in Motion 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>8 10:00-Exercise 10:30-Morning Mingle 11:00-Chicken Soup for the Soul 2:00-Life Skill Stations 3:00-Fact or Foolery 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>9 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-I-Spy Outside 2:00-BINGO 3:00-Manicures 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>10 6:00-Movie Night SOCIAL DISTANCING (6FT APART)</p>
<p>11 2:00- Church Service (Streamed to Channel 3) SOCIAL DISTANCING (6FT APART)</p> 	<p>12 <u>Hair Dresser (Morgan)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-Gazebo Gathering (All About Me) 2:00-Music with Wesley Crider 3:00-Artful Imaginations 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>13 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Mira 11:00-Helping Hands 2:00-Sweet Treats in the Courtyard 3:00-Scenic Bus Ride 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>14 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Charlie 11:00-Café Crew 2:00-BINGO 3:30-Minds in Motion 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>15 10:00-Exercise 10:30-Morning Mingle 11:00-Chicken Soup for the Soul 2:00-Life Skill Stations 3:00-Fact or Foolery 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>16 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-I-Spy Outside 2:00-BINGO 3:00-Manicures 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>17 6:00-Movie Night SOCIAL DISTANCING (6FT APART)</p>
<p>18 2:00 Church Service (Streamed to Channel 3) SOCIAL DISTANCING (6FT APART)</p> 	<p>19 <u>Hair Dresser (Morgan)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-Gazebo Gathering (All About Me) 2:00-Music with Ryan Stinson 3:00-Artful Imaginations 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>20 <u>Hair Dresser & Dr. Tidman</u> ✂ 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Mira 11:00-Helping Hands 2:00-Sweet Treats in the Courtyard 3:00-Scenic Bus Ride 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>21 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Charlie 11:00-Café Crew 2:00-BINGO 3:30-Minds in Motion 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>22 10:00-Exercise 10:30-Morning Mingle 11:00-Chicken Soup for the Soul 2:00-Life Skill Stations 3:00-Fact or Foolery 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>23 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-I-Spy Outside 2:00-BINGO 3:00-Manicures 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>24 6:00-Movie Night SOCIAL DISTANCING (6FT APART)</p>
<p>25 2:00 Church Service (Streamed to Channel 3) SOCIAL DISTANCING (6FT APART)</p> 	<p>26 <u>Hair Dresser (Morgan)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-Gazebo Gathering (All About Me) 2:00-Music with Steven Chappelle 3:00-Artful Imaginations 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>27 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Mira 11:00-Helping Hands 2:00-Sweet Treats in the Courtyard 3:00-Scenic Bus Ride 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>28 10:00-Exercise 10:30-Morning Mingle 10:30-Pet Therapy with Charlie 11:00-Café Crew 2:00-BINGO 3:30-Minds in Motion 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>29 10:00-Exercise 10:30-Morning Mingle 11:00-Chicken Soup for the Soul 2:00-Life Skill Stations 3:00-Fact or Foolery 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>30 <u>Hair Dresser (Jennie)</u> ✂ 10:00-Exercise 10:30-Morning Mingle 11:00-I-Spy Outside 2:00-BINGO 2:30-Resident Birthday Party 3:00-Manicures 4:00-Afternoon Walk/One on One Time SOCIAL DISTANCING (6FT APART)</p>	<p>31 6:00-Movie Night SOCIAL DISTANCING (6FT APART)</p>