




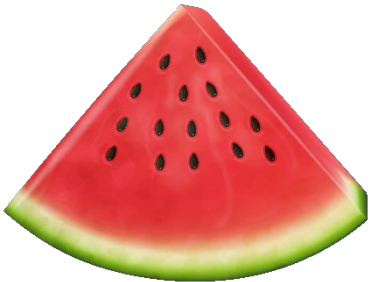






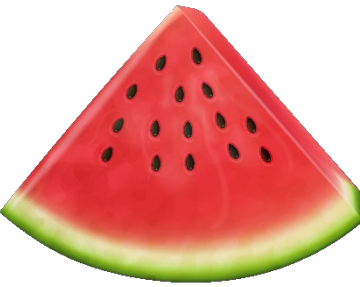


# August Blue Ridge Assisted Living Activities

	Breakfast 8:00		Lunch 12:30		Dinner 5:30	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>PLEASE SEE ACTIVITY BOARD DAILY AS ACTIVIES OR TIMES ARE SUBJECT TO CHANGE</b></p> 	<p>1 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-<b>Pray the Rosary</b> with Denise (Dining Room) 11:00-<b>Balloon Toss with Jim</b> (200) 2:00-<b>A-Z Word Game</b> (200) 3:30-<b>Resident Travel Series</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>2 <b>Hair Dresser (Jennie)</b> 9:30-<b>Bible Study</b> with Shelly (Dining Room) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Mystery Solvers Club</b> (200) 2:00-<b>Trivia</b> (200) 3:00-<b>Craft Corner</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>3 <b>Hair Dresser (Anna Marie &amp; Jessica)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Words Within a Word</b> (200) 11:00-<b>Pet Therapy with Charlie</b> 2:00-<b>Bingo</b> (Dining Room) 3:00-<b>Bible Study</b> with Delmar (200) 3:30-<b>Snack Social</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>4 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Lunch Outing to Monte Alban</b> 2:30-<b>Tongue Twisters</b> (200) 3:30-<b>Have You Been There?</b> (100) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>5 <b>Hair Dresser (Jennie)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Game Shows</b> (200) 2:00-<b>Giant Bowling</b> (100) 3:00-<b>Movie Matinee</b> (100) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>6 10:00-Exercise (200) 11:00-<b>Bingo</b> (Dining Room) 2:00-<b>Music with "Delvis"</b> (200) 4:30-<b>Evening Walk</b> (Meet in the Bistro)</p>
<p>7 2:00-<b>Church Service</b> (Blue Ridge First Baptist) (Main Living Room)</p> 	<p>8 10:00-Exercise (Group Walk) (200) 10:30-Morning Mingle/Daily News (200) 11:00-History Channel Documentary (100) 11:00-<b>Balloon Toss with Jim</b> (200) 2:00-<b>A-Z Word Game</b> (200) 3:00-<b>Music w/ Wesley Crider</b> (200) 4:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>9 <b>Hair Dresser (Jennie)</b> 9:30-<b>Bible Study</b> with Shelly (Dining Room) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Mystery Solvers Club</b> (200) 2:00-<b>Trivia</b> (200) 3:00-<b>Craft Corner</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>10 <b>Hair Dresser (Anna Marie &amp; Jessica)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Words Within a Word</b> (200) 11:00-<b>Pet Therapy with Charlie</b> 2:00-<b>Bingo</b> (Dining Room) 3:00-<b>Bible Study</b> with Delmar (200) 3:30-<b>Snack Social</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>11 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Marilyn Monroe Documentary</b> (100) 2:00-<b>Trip to Walmart</b> 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>12 <b>Hair Dresser (Jennie)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Game Shows</b> (200) 2:00-<b>Bean Boozled</b> (200) 3:00-<b>Movie Matinee</b> (100) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>13 10:00-Exercise (200) 11:00-<b>Bingo</b> (Dining Room) 2:00-<b>Scenic Bus Ride</b> 4:30-<b>Evening Walk</b> (Meet in the Bistro)</p>
<p>14 2:00-<b>Church Service</b> (Hipps Chapel Church) (Main Living Room)</p> 	<p>15 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-<b>Pray the Rosary</b> with Denise (Dining Room) 11:00-<b>Balloon Toss with Jim</b> (200) 2:00-<b>A-Z Word Game</b> (200) 3:30-<b>Spiritual Retreats</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>16 <b>Hair Dresser (Jennie)</b> 9:30-<b>Bible Study</b> with Shelly (Dining Room) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Mystery Solvers Club</b> (200) 2:00-<b>Trivia</b> (200) 3:00-<b>Craft Corner</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>17 <b>Hair Dresser (Anna Marie &amp; Jessica)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Words Within a Word</b> (200) 11:00-<b>Pet Therapy with Charlie</b> 2:00-<b>Bingo</b> (Dining Room) 3:00-<b>Bible Study</b> with Delmar (200) 3:30-<b>Snack Social</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>18 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Marilyn Monroe Documentary</b> (100) 2:00-<b>Trip to The Movie Theater (Where the Crawdads Sing)</b> 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>19 <b>Hair Dresser (Jennie)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Game Shows</b> (200) 2:00-<b>Giant Bowling</b> (100) 3:00-<b>Movie Matinee</b> (100) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>20 10:00-Exercise (200) 11:00-<b>Bingo</b> (Dining Room) 2:00-<b>Music with Jordan Winkler</b> (Main Living Room) 4:30-<b>Evening Walk</b> (Meet in the Bistro)</p>
<p>21 2:00-<b>Church Service</b> (Triumphant Holiness Church) (Main Living Room)</p> 	<p>22 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-<b>Pray the Rosary</b> with Denise (Dining Room) 11:00-<b>Balloon Toss with Jim</b> (200) 2:00-<b>A-Z Word Game</b> (200) 3:30-<b>International Snacks</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>23 <b>Hair Dresser (Jennie)</b> 9:30-<b>Bible Study</b> with Shelly (Dining Room) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Mystery Solvers Club</b> (200) 2:00-<b>Trivia</b> (200) 3:00-<b>Craft Corner</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>24 <b>Hair Dresser (Anna Marie &amp; Jessica)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Words Within a Word</b> (200) 11:00-<b>Pet Therapy with Charlie</b> 2:00-<b>Bingo</b> (Dining Room) 3:00-<b>Bible Study</b> with Delmar (200) 3:30-<b>Snack Social</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>25 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Dolly Parton Documentary</b> (100) 2:00-<b>Trip to Walmart</b> 6:30-<b>Evening Walk</b> (Meet with a Friend))</p>	<p>26 <b>Hair Dresser (Jennie)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Game Shows</b> (200) 2:00-<b>Resident Birthday Party</b> (Bistro) 3:00-<b>Movie Matinee</b> (100) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>27 10:00-Exercise (200) 11:00-<b>Bingo</b> (Dining Room) 2:00-<b>Scenic Bus Ride</b> 4:30-<b>Evening Walk</b> (Meet in the Bistro)</p>
<p>28 2:00-<b>Church Service</b> (United Methodist) (Main Living Room)</p> 	<p>29 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-<b>Pray the Rosary</b> with Denise (Dining Room) 11:00-<b>Resident Council/Food Meeting w/Roger</b> (Dining Room) 2:00-<b>A-Z Word Game</b> (200) 3:30-<b>Music w/ Steven Chappelle</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>30 <b>Hair Dresser (Jennie)</b> 9:30-<b>Bible Study</b> with Shelly (Dining Room) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Mystery Solvers Club</b> (200) 2:00-<b>Trivia</b> (200) 3:00-<b>Craft Corner</b> (200) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>	<p>31 <b>Hair Dresser (Anna Marie &amp; Jessica)</b> 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-<b>Words Within a Word</b> (200) 11:00-<b>Pet Therapy with Charlie</b> 2:00-<b>Bingo</b> (Dining Room) 3:00-<b>Bible Study</b> with Delmar (200) 3:30-<b>Snack Social</b> (Bistro) 6:30-<b>Evening Walk</b> (Meet with a Friend)</p>		<p><b>HAPPY BIRTHDAY</b> 08/01-Carolyn Pierce 08/17-Joyce Pinson 08/19-Barbara Smith</p>	

# August Blue Ridge Memory Care Activities

**Breakfast: 8am    Lunch: 12:30pm    Dinner: 5:30pm**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>PLEASE SEE ACTIVITY BOARD DAILY AS ACTIVITIES OR TIMES ARE SUBJECT TO CHANGE</b></p> 	<p>1 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Parachute Ball</b> 2:00-Book/Magazine Browsing 3:00-<b>Scenic Bus Ride</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>2 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Faces &amp; Places</b> 2:00-<b>Gazebo Gathering</b> 3:00-<b>Skill Building</b> 3:30-Balloon Toss 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>3 <u>Hair Dresser (Anna Marie &amp; Jessica)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Fluff &amp; Fold 11:00-<b>Sweet Treats with Gail</b> 2:00-It's All About Me 3:00-Beadwork 3:30-Balloon Ball 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>4 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Match It</b> 2:00-<b>Homestyle Tasks</b> 3:00-<b>Hand Massages</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>5 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Watercolor Painting</b> 2:00-<b>Pamper Me</b> 3:00-<b>Mosaic Tile Sculpting</b> 3:30-What's at the Aquarium 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>6 4:00-Afternoon Walk 6:00-Movie Night  (Parallel Programs Offered Daily)</p>
<p>7 <b>2:00- Church service (Blue Ridge First Baptist)</b></p> 	<p>8 10:00-Exercise 10:30-Morning Mingle/Daily News 11:00-<b>Parachute Ball</b> 2:00-<b>Music w/ Wesley Crider</b> 2:15-See if You Can Find it 3:00-<b>Scenic Bus Ride</b> 4:00-Afternoon Walk/One on One Time</p>	<p>9 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Faces &amp; Places</b> 2:00-<b>Gazebo Gathering</b> 3:00-<b>Skill Building</b> 3:30-Balloon Toss 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>10 <u>Hair Dresser (Anna Marie &amp; Jessica)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Fluff &amp; Fold 11:00-<b>Sweet Treats with Gail</b> 2:00-It's All About Me 3:00-Beadwork 3:30-Balloon Ball 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>11 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Match It</b> 2:00-<b>Homestyle Tasks</b> 3:00-<b>Hand Massages</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>12 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Watercolor Painting</b> 2:00-<b>Pamper Me</b> 3:00-<b>Mosaic Tile Sculpting</b> 3:30-What's at the Aquarium 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>13 4:00-Afternoon Walk 6:00-Movie Night  (Parallel Programs Offered Daily)</p>
<p>14 <b>2:00- Church Service (Hipps Chapel Church)</b></p> 	<p>15 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Parachute Ball</b> 2:00-Book/Magazine Browsing 3:00-<b>Scenic Bus Ride</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>16 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Faces &amp; Places</b> 2:00-<b>Gazebo Gathering</b> 3:00-<b>Skill Building</b> 3:30-Balloon Toss 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>17 <u>Hair Dresser (Anna Marie &amp; Jessica)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Fluff &amp; Fold 11:00-<b>Sweet Treats with Gail</b> 2:00-It's All About Me 3:00-Beadwork 3:30-Balloon Ball 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>18 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Match It</b> 2:00-<b>Homestyle Tasks</b> 3:00-<b>Hand Massages</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily))</p>	<p>19 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Watercolor Painting</b> 2:00-<b>Pamper Me</b> 3:00-<b>Mosaic Tile Sculpting</b> 3:30-What's at the Aquarium 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>20 4:00-Afternoon Walk 6:00-Movie Night  (Parallel Programs Offered Daily)</p>
<p>21 <b>2:00 Church Service (Triumphant Holiness Church)</b></p> 	<p>22 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Parachute Ball</b> 2:00-Book/Magazine Browsing 3:00-<b>Scenic Bus Ride</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>23 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Faces &amp; Places</b> 2:00-<b>Gazebo Gathering</b> 3:00-<b>Skill Building</b> 3:30-Balloon Toss 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>24 <u>Hair Dresser (Anna Marie &amp; Jessica)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Fluff &amp; Fold 11:00-<b>Sweet Treats with Gail</b> 2:00-It's All About Me 3:00-Beadwork 3:30-Balloon Ball 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>25 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Aromatherapy 11:00-<b>Match It</b> 2:00-<b>Homestyle Tasks</b> 3:00-<b>Hand Massages</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>26 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Watercolor Painting</b> 2:00-<b>Pamper Me</b> 3:00-<b>Mosaic Tile Sculpting</b> 3:30-What's at the Aquarium 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>27 4:00-Afternoon Walk 6:00-Movie Night  (Parallel Programs Offered Daily)</p>
<p>28 <b>2:00 Church Service (United Methodist Church)</b></p> 	<p>29 10:00-Exercise 10:30-Morning Mingle/Daily News 11:00-<b>Parachute Ball</b> 2:00-<b>Music w/ Steven Chappelle</b> 2:15-See if You Can Find it 3:00-<b>Scenic Bus Ride</b> 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>30 <u>Hair Dresser (Jennie)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-The Sign 11:00-<b>Faces &amp; Places</b> 2:00-<b>Gazebo Gathering</b> 3:00-<b>Skill Building</b> 3:30-Balloon Toss 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>	<p>31 <u>Hair Dresser (Anna Marie &amp; Jessica)</u> ✂ 9:30-Exercise 10:00-Morning Mingle/Daily News 10:30-Fluff &amp; Fold 11:00-<b>Sweet Treats with Gail</b> 2:00-It's All About Me 3:00-Beadwork 3:30-Balloon Ball 4:00-Afternoon Walk/One on One Time (Parallel Programs Offered Daily)</p>		<p><b>HAPPY BIRTHDAY</b> 08/04-Lynda Kendrick 08/23-Ted Jelke</p>	