























April Blue Ridge Assisted Living Activities






















		Breakfast 8:00	Lunch 12:30	Dinner 5:30		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE SEE ACTIVITY MARQUEE DAILY AS ACTIVITIES OR TIMES ARE SUBJECT TO CHANGE</p> 			<p>HAPPY BIRTHDAY 04/08-Doreen Dersam 04/18-Barbara Hamaker 04/19-Gwen Gregory 04/23-Dorothy McBride 04/24-John Lindsay</p>			<p>1 April Fool's Day  2:00-Games with Valerie Daily Walks (Meet with a Friend)</p>
<p>2 Palm Sunday  2:00-Church Service (Blue Ridge First Baptist) (Main Living Room)</p> 	<p>3 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pray the Rosary with Denise (Dining Room) 11:00-Balloon Toss with Jim (200) 2:00-A-Z Word Game (200) 3:00-GIANT JENGA (200) Daily Walks (Meet with a Friend)</p>	<p>4 Hair Dresser (Jennie)  9:00-Wheelchair/Walker Servicing (Bistro) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Easter Egg Hunt (Meet in 200) 2:00-Would You Rather? (200) 3:00-Craft Corner (200) Daily Walks (Meet with a Friend)</p>	<p>5 Passover  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pet Therapy with Charlie 11:00-Words Within a Word (200) 2:00-BINGO (Dining Room) 3:00-Bible Study with Delmar (200) Daily Walks (Meet with a Friend)</p>	<p>6 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Story Time (200) 2:00-Trip to Walmart Daily Walks (Meet with a Friend)</p>	<p>7 Good Friday  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Spelling Bee (200) 2:00-BINGO (Dining Room) 3:30-Easter Social (Bistro) Daily Walks (Meet with a Friend)</p>	<p>8 2:00-Scenic Bus Ride Daily Walks (Meet with a Friend)</p>
<p>9 Easter  2:00-Church Service (Hipps Chapel Church) (Main Living Room)</p> 	<p>10 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pray the Rosary with Denise (Dining Room) 11:00-Balloon Toss with Jim (200) 2:00-A-Z Word Game (200) 3:00-Music with Wesley Crider (200) Daily Walks (Meet with a Friend)</p>	<p>11 Hair Dresser (Jennie)  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Word Search Scramble (200) 2:00-My Advice to You (200) 3:00-Craft Corner (200) Daily Walks (Meet with a Friend)</p>	<p>12 9:00-Hearing Aid Servicing (Bistro) 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pet Therapy with Charlie 11:00-Words Within a Word (200) 2:00-BINGO (Dining Room) 3:00-Bible Study with Delmar (200) 3:30-Snack Social (Meet our new Executive Director) (Bistro) Daily Walks (Meet with a Friend)</p>	<p>13 Last Day of Passover  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Story Time (200) 2:00-Trip to Bigfoot Museum Daily Walks (Meet with a Friend) 6:30-Trip to Community Theater</p>	<p>14 Hair Dresser (Jennie)  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Spelling Bee (200) 2:00-BINGO (Dining Room) 3:30-Movie Matinee (100) Daily Walks (Meet with a Friend)</p>	<p>15 2:00-Church Service (McCaysville Triumphant Holiness Church) (Main Living Room) 3:30-Music with Ryan Stinson Daily Walks (Meet with a Friend)</p>
<p>16 2:00-Church Service (Blue Ridge Church of Christ) (Main Living Room)</p> 	<p>17 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pray the Rosary with Denise (Dining Room) 11:00-Balloon Toss with Jim (200) 2:00-A-Z Word Game (200) 3:30-GIANT JENGA (200) Daily Walks (Meet with a Friend)</p>	<p>18 Hair Dresser (Jennie)  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Word Search Scramble (200) 2:00-Would You Rather? (Meet in 200) 3:00-Craft Corner (200) Daily Walks (Meet with a Friend)</p>	<p>19 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pet Therapy with Charlie 11:00-Words Within a Word (200) 2:00-BINGO (Dining Room) 3:00-Bible Study with Delmar (200) 3:30-Snack Social (Bistro) Daily Walks (Meet with a Friend)</p>	<p>20 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Story Time (200) 2:00-Trip to Walmart Daily Walks (Meet with a Friend)</p>	<p>21 Hair Dresser (Jennie)  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Spelling Bee (200) 2:00-BINGO (Dining Room) 3:30-Movie Matinee (100) Daily Walks (Meet with a Friend)</p>	<p>22 2:00-Scenic Bus Ride Daily Walks (Meet with a Friend)</p>
<p>23 2:00-Church Service (Blue Ridge United Methodist) (Main Living Room)</p>  <p>30 2:00-Church Service (Blue Ridge United Methodist) (Main Living Room)</p> 	<p>24 10:00-Exercise (200) 10:30-Pray the Rosary with Denise (Dining Room) 11:00-Resident Council/Food Meeting (Dining Room) 2:00-A-Z Word Game (200) 3:30-Music with Steven Chappelle (200) Daily Walks (Meet with a Friend)</p>	<p>25 Hair Dresser (Jennie)  10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Word Search Scramble (200) 2:00-Age in Motion Social with Powerback Rehab (Bistro) 3:00-Craft Corner (200) Daily Walks (Meet with a Friend)</p>	<p>26 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 10:30-Pet Therapy with Charlie 11:00-Words Within a Word (200) 2:00-BINGO (Dining Room) 3:00-Bible Study with Delmar (200) 3:30-Resident Birthday Party (Bistro) Daily Walks (Meet with a Friend)</p>	<p>27 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:30-Lunch Outing to Sue's 3:30-Balloon Toss with Valerie (200) Daily Walks (Meet with a Friend) 6:00-Trip to Kiwanis BINGO</p>	<p>28 10:00-Exercise (200) 10:30-Morning Mingle/Daily News (200) 11:00-Spelling Bee (200) 2:00-BINGO (Dining Room) 3:30-Movie Matinee (100) Daily Walks (Meet with a Friend)</p>	<p>29 2:00-Games with Valerie Daily Walks (Meet with a Friend)</p>

April Blue Ridge Memory Care Activities

Breakfast: 8am

Lunch: 12:30pm

Dinner: 5:30pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Life Enrichment Activities with Care Staff/ Activity Boxes Always Available</p>			<p>HAPPY BIRTHDAY 04/08-Ann Doty</p>			<p>1 April Fool's Day </p> <p>10:00-Aromatherapy/Deep Breathing 10:15-Tulip Cards * 10:30-April Fool's Swap * 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-Sibling Rivalries * 2:00-Fish Tales * 6:30-Reminisce Magazines</p>
<p>2 Palm Sunday </p> <p>Activity Boxes One on One Conversations Puzzles</p> <p>2:00-Church service (Blue Ridge First Baptist)</p> 	<p>3</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-D.I.Y. Window Clings * 10:30-Best Ways to Say Sorry? 11:00-CARDIOCISE 11:30-SNACKTIVITY 1:30-Making an Art Book * 2:00-Touch & Feel 2:30-BUTTON TWISTER 3:30-Scenic Bus Ride 6:30-Hand Massages/Blast from the Past</p>	<p>4 Hair Dresser (Jennie) </p> <p>9:00-Wheelchair Servicing (AL) 9:00-Aromatherapy/Chicken Soup for the Soul 9:30-Twig Spring Flowers * 10:30-Match the Natural Element * 11:00-CHAIR YOGA 11:30-SNACKTIVITY 1:30-Trivia 2:00-Water Colors 2:30-BEAN BAG TOSS 3:30-FOODIE RECIPE (Chocolate Mousse) 6:30-One on One/Reminiscing</p>	<p>5 Passover </p> <p>9:00-Aromatherapy/Poetry 9:30-Natural Paintings * 10:30-Where Were You When? * 11:00-CARDIO DRUMMING 11:00-Pet Therapy with Charlie 11:30-SNACKTIVITY 1:30-Easter Egg Hunt * 2:30-Identify the Smell 3:30-BALL PONG 6:30-Magazine Browsing</p>	<p>6</p> <p>9:00-Aromatherapy/Visual Imagery 9:30-Paper Easter Baskets * 10:30-Did You Enjoy Housework? * 11:00-ZUMBA 11:30-SNACKTIVITY 1:30-Clay it With Me! 2:00-Were You a Good Driver? * 2:30-ULU MAIKA 3:30-FOODIE RECIPE (Rice Krispies) 6:30-Relaxing Music/One on One Time</p>	<p>7 Good Friday </p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Marshmallow Robots * 10:30-Easter Traditions 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-SIGN LANGUAGE 101 2:00-Best Vacation Spots by State * 3:00-TARGET VOLLEY BALL 6:30-Personal Pictures/Reminiscing</p>	<p>8</p> <p>Activity Boxes One on One Conversations Movie Night (Resident Choice)</p>
<p>9 Easter </p> <p>Activity Boxes One on One Conversations Puzzles</p> <p>2:00-Church Service (Hips Chapel Church)</p> 	<p>10</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Yarn & Pipe Cleaner Animals * 10:30-Junk in the Trunk * 11:00-CARDIOCISE 11:30-SNACKTIVITY 1:30-Living on a Farm * 2:00-Music with Wesley Crider 2:30-Touch & Feel 3:00-BUTTON TWISTER 6:30-Hand Massages/Blast from the Past</p>	<p>11 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Chicken Soup for the Soul 9:30-Assembling Bookmarks * 10:30-Pantry Storage Hacks * 11:00-CHAIR YOGA 11:30-SNACKTIVITY 1:30-Trivia 2:00-Aqua Painting 2:30-BEAN BAG TOSS 3:30-FOODIE RECIPE (Grilled Cheeses) 6:30-One on One/Reminiscing</p>	<p>12</p> <p>9:00-Hearing Aid Servicing (AL) 9:00-Aromatherapy/Poetry 9:30-Painting Spirals * 10:30-America's Most Fun Cities * 11:00-CARDIO DRUMMING 11:00-Pet Therapy with Charlie 11:30-SNACKTIVITY 1:30-Famous Hollywood Spats * 2:30-Identify the Texture 3:30-BALL PONG 6:30-Magazine Browsing</p>	<p>13 Last Day of Passover</p> <p>9:00-Aromatherapy/Visual Imagery 9:30-Button Flowers * 10:30-Remembering Shirley Temple * 11:00-ZUMBA 11:30-SNACKTIVITY 1:30-Clay it With Me! 2:00-Can You Match It? 2:30-ULU MAIKA 3:30-FOODIE RECIPE (Fruit Cocktail) 6:30-Relaxing Music/One on One Time</p>	<p>14 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Dolphin Bananas * 10:30-It's Joke Time * 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-SIGN LANGUAGE 101 2:00-What Extracurricular Activities Did You Participate In? * 2:30-Who Sells the...? * 3:00-TARGET VOLLEY BALL 6:30-Personal Pictures/Reminiscing</p>	<p>15</p> <p>10:00-Aromatherapy/Deep Breathing 10:15-Pretty Paper Clips * 10:30-Tax Day Stories 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-Hymm Sing Along 2:00-Music with Ryan Stinson 6:30-Reminisce Magazines</p>
<p>16</p> <p>Activity Boxes One on One Conversations Puzzles</p> <p>2:00-Church Service (McCaysville Triumphant Holiness Church)</p> 	<p>17</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Flower Pounding Art * 10:30-Family Pet * 11:00-CARDIOCISE 11:30-SNACKTIVITY 1:30-Nature Scavenger Hunt 2:00-Touch & Feel 2:30-BUTTON TWISTER 3:30-Scenic Bus Ride 6:30-Hand Massages/Blast from the Past</p>	<p>18 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Chicken Soup for the Soul 9:30-Cute & Tasty Bears * 10:30-Name That Animal * 11:00-CHAIR YOGA 11:30-SNACKTIVITY 1:30-Trivia 2:00-Water Colors 2:30-BEAN BAG TOSS 3:30-FOODIE RECIPE (Peanut Butter Banana Bites) 6:30-One on One/Reminiscing</p>	<p>19</p> <p>9:00-Aromatherapy/Poetry 9:30-Spring Gift Boxes * 10:30-Remember When There Were 3 Channels? * 11:00-CARDIO DRUMMING 11:00-Pet Therapy with Charlie 11:30-SNACKTIVITY 1:30-Can You Fold Clothes with a Baby? * 2:30-Identify the Sound 3:30-BALL PONG 6:30-Magazine Browsing</p>	<p>20</p> <p>9:00-Aromatherapy/Visual Imagery 9:30-No-Sew Puppies * 10:30-How Many Cakes Can You Name? * 11:00-ZUMBA 11:30-SNACKTIVITY 1:30-Clay it With Me! 2:00-What Items Are Dear to Your Heart? 2:30-ULU MAIKA 3:30-FOODIE RECIPE (Ice Cream Sandwiches) 6:30-Relaxing Music/One on One Time</p>	<p>21 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Pom-Pom Planter * 10:30-Dog's Playing Poker 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-SIGN LANGUAGE 101 2:00-Living Green * 3:00-TARGET VOLLEY BALL 6:30-Personal Pictures/Reminiscing</p>	<p>22</p> <p>Activity Boxes One on One Conversations Movie Night (Resident Choice)</p>
<p>23</p> <p>Activity Boxes One on One Conversations Puzzles</p> <p>2:00-Church Service (United Methodist)</p> 	<p>24</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Mini Flower Bouquets * 10:30-My Advice to You! 11:00-CARDIOCISE 11:30-SNACKTIVITY 1:30-Dream Homes 2:00-Music with Steven Chappelle 2:00-Touch & Feel 3:00-BUTTON TWISTER 6:30-Hand Massages/Blast from the Past</p>	<p>25 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Chicken Soup for the Soul 9:30-Sequin Piggy Banks * 10:30-Picking Flowers * 11:00-CHAIR YOGA 11:30-SNACKTIVITY 1:30-Trivia 2:00-Aqua Painting 2:30-BEAN BAG TOSS 3:30-FOODIE RECIPE (Pigs-n-a-Blanket) 6:30-One on One/Reminiscing</p>	<p>26</p> <p>9:00-Aromatherapy/Poetry 9:30-Spring Branch Art * 10:30-Let's Go Outdoors * 11:00-CARDIO DRUMMING 11:00-Pet Therapy with Charlie 11:30-SNACKTIVITY 1:30-Fitness Trends * 2:30-Identify the Smell 3:30-BALL PONG 6:30-Magazine Browsing</p>	<p>27</p> <p>9:00-Aromatherapy/Visual Imagery 9:30-Back Yard Sketch * 10:30-Healing Hands* 11:00-ZUMBA 11:30-SNACKTIVITY 1:30-Clay it With Me! 2:00-What Did You Like to Plant in Your Garden 2:30-ULU MAIKA 3:30-FOODIE RECIPE (Tasty Pretzels) 6:30-Relaxing Music/One on One Time</p>	<p>28 Hair Dresser (Jennie) </p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Tree Ribbons * 10:30-Flapper Days * 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-SIGN LANGUAGE 101 2:00-Sound Hunt * 3:00-TARGET VOLLEY BALL 6:30-Personal Pictures/Reminiscing</p>	<p>29</p> <p>10:00-Aromatherapy/Deep Breathing 10:15-Pretty Trees * 10:30-What Characteristics Do You Share with Your Family? * 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-Nature Walk ABC's * 2:00-Animals in the Sky * 6:30-Reminisce Magazines</p>
<p>30</p> <p>Activity Boxes One on One Conversations Puzzles</p> <p>2:00-Church Service (United Methodist)</p> 	<p>30</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Flower Pounding Art * 10:30-Family Pet * 11:00-CARDIOCISE 11:30-SNACKTIVITY 1:30-Nature Scavenger Hunt 2:00-Touch & Feel 2:30-BUTTON TWISTER 3:30-Scenic Bus Ride 6:30-Hand Massages/Blast from the Past</p>	<p>30</p> <p>9:00-Aromatherapy/Chicken Soup for the Soul 9:30-Cute & Tasty Bears * 10:30-Name That Animal * 11:00-CHAIR YOGA 11:30-SNACKTIVITY 1:30-Trivia 2:00-Water Colors 2:30-BEAN BAG TOSS 3:30-FOODIE RECIPE (Peanut Butter Banana Bites) 6:30-One on One/Reminiscing</p>	<p>30</p> <p>9:00-Aromatherapy/Poetry 9:30-Spring Gift Boxes * 10:30-Remember When There Were 3 Channels? * 11:00-CARDIO DRUMMING 11:00-Pet Therapy with Charlie 11:30-SNACKTIVITY 1:30-Can You Fold Clothes with a Baby? * 2:30-Identify the Sound 3:30-BALL PONG 6:30-Magazine Browsing</p>	<p>30</p> <p>9:00-Aromatherapy/Visual Imagery 9:30-No-Sew Puppies * 10:30-How Many Cakes Can You Name? * 11:00-ZUMBA 11:30-SNACKTIVITY 1:30-Clay it With Me! 2:00-What Items Are Dear to Your Heart? 2:30-ULU MAIKA 3:30-FOODIE RECIPE (Ice Cream Sandwiches) 6:30-Relaxing Music/One on One Time</p>	<p>30</p> <p>9:00-Aromatherapy/Deep Breathing 9:30-Pom-Pom Planter * 10:30-Dog's Playing Poker 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-SIGN LANGUAGE 101 2:00-Living Green * 3:00-TARGET VOLLEY BALL 6:30-Personal Pictures/Reminiscing</p>	<p>30</p> <p>10:00-Aromatherapy/Deep Breathing 10:15-Pretty Paper Clips * 10:30-Tax Day Stories 11:00-THAI CHI/MEDATIVE MOMENTS 11:30-SNACKTIVITY 1:30-Hymm Sing Along 2:00-Music with Ryan Stinson 6:30-Reminisce Magazines</p>